



*"We are an emergent church, practicing an ancient faith in new ways;  
a church of inclusivity where ALL ARE WELCOME!"*

*+Peter Hickman*

**January 31, 2021**  
**The Fourth Sunday in Ordinary Time**

*Gathering Song:* **BE NOT AFRAID**

1. You shall cross the barren desert,  
but you shall not die of thirst.  
You shall wander far in safety  
though you do not know the way.  
You shall speak your words in foreign  
lands and all will understand.  
You shall see the face of God and live.

**Refrain**

**Be not afraid.  
I go before you always.  
Come follow me, and  
I will give you rest.**

2. Blessed are your poor  
for the Kingdom shall be theirs.  
Blessed are they who weep and mourn  
for one day you shall laugh.  
And if wicked tongues insult and hate you  
all because of me;  
blessed, blessed are you. (Refrain)

*Greeting      Penitential Rite      Opening Prayer*  
*Priest: In the name of the Father, and of the Son, and of the Holy Spirit.*

**ALL: AMEN.**

*Priest: the grace of our Lord Jesus Christ, the love of God and the communion  
of the Holy Spirit be with you all.*

**ALL: AND ALSO WITH YOU.**

## PENITENTIAL RITE

Presider: Lord Jesus Christ.....Lord, have mercy! **All: Lord, have mercy!**

Presider: Lord Jesus Christ..... Christ, have mercy! **All: Christ, have mercy!**

Presider: Lord Jesus Christ..... Lord, have mercy! **All: Lord, have mercy!**

Presider: May Almighty God have mercy on us, forgive us our sins and bring us to life everlasting. **All: Amen!**

## The Gloria

**GLORY TO GOD IN THE HIGHEST AND  
PEACE TO ALL PEOPLE ON EARTH.**

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world,  
have mercy on us.  
You are seated at the right hand of the Father,  
receive our prayer.**

**For You alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit in the glory  
of God the Father. Amen. Amen.**

*Opening Prayer*

## LITURGY OF THE WORD

Reading from the book of Deuteronomy (18:15-20)

*Psalm Response:*

**"If today you hear his voice, harden not your hearts.  
If today you hear his voice, harden not your hearts."**

Second Reading from the first letter of Paul to the Corinthians  
(1 Corinthians 7: 32-35)

Gospel Acclamation Alleluia, The Gospel

**In the beginning was the Word of God  
and the Word was with God and was God..  
And the Word became flesh and dwelt among us  
and we beheld His Glory.  
Alleluia! The Gospel of the Lord has come to us.  
Al le lu ia. Al le lu ia.**

*The Gospel Reading*

**Deacon/ Priest: A reading from the holy gospel  
according to Mark (1 :21-28)**

**All: Glory to you, Lord.**

*The gospel is read. When the reading is over:  
Deacon/Priest: This is the Gospel of the Lord.*

**All: Praise to you, Lord Jesus Christ.**

**Alleluia! The Gospel of the Lord has come to us.  
Al le lu ia. Al le lu ia.**

*Homily*

## THE NICENE CREED

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.

Through him all things were made.

For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he was born of the Virgin Mary,  
and became man.

For our sake he was crucified under Pontius Pilate;  
he suffered, died and was buried.

On the third day he rose again  
in fulfillment of the Scriptures;  
he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,  
and the life of the world to come. Amen.

**LITURGY OF THE EUCHARIST**

Offertory Song: **OUR GOD IS HERE**

**1. Here in this time, here in this place,  
here we are standing face to face.  
Here in our hearts, here in our lives,  
our God is here.  
Here for the broken,  
here for the strong,  
here in this temple we belong.  
Here in our hearts, here in our lives,  
our God is here.  
And we cry:**

**Refrain**

**“Holy! Holy! Holy are you!”  
We cry: “Holy! Holy! Holy and true!”  
Amen, we do believe our God is here.  
Our God is here.**

**2. Here in the Word, God is revealed,  
here where the wounded can be healed.  
Here in our hearts, here in our lives,  
our God is here.  
Here we become what we receive,  
here in this Eucharistic feast.  
We are his body, living as one;  
our God is here. And we cry:**

## Presentation of the Gifts

Presider: Blessed are you, Lord, God of all creation..... It will become for us the bread of life. **All: Blessed be God forever!**

Presider: Blessed are you, Lord, God of all creation.....  
It will become our cup of salvation. **All: Blessed be God forever.**

*Presider: Pray my brothers and sisters that our sacrifice.....*

**ALL: MAY THE LORD ACCEPT THE SACRIFICE AT YOUR HANDS,  
FOR THE PRAISE AND THE GLORY OF HIS NAME,  
FOR OUR GOOD AND THE GOOD OF ALL HIS CHURCH.**

*Eucharistic Prayer*

*Introductory Dialogue*

*Preface*

*Presider: The Lord be with you. ALL: AND ALSO WITH YOU.*

*Presider: Lift up your hearts. ALL: WE LIFT THEM UP TO THE LORD.*

*Presider: Let us give thanks to the Lord, our God.*

**ALL: IT IS RIGHT TO GIVE GOD THANKS AND PRAISE.**

## The Holy

**Holy, holy, holy, Lord.**

**God of power, God of might,**

**Heaven and earth are filled with your glory**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord**

**Hosanna in the highest. Hosanna in the highest!**

*Words of Consecration:*

**"TAKE THIS, ALL OF YOU, AND EAT IT.**

**THIS IS MY BODY WHICH WILL BE GIVEN UP FOR YOU."**

**"TAKE THIS, ALL OF YOU, AND DRINK FROM IT.**

**THIS IS THE CUP OF MY BLOOD, THE BLOOD OF THE NEW AND  
EVERLASTING COVENANT. IT WILL BE SHED FOR YOU AND FOR ALL  
SO THAT SINS MAY BE FORGIVEN. DO THIS IN MEMORY OF ME**

**The Memorial Acclamation**

**Dying you destroyed our death. Rising you restored our life.  
Lord, Jesus we're waiting for you  
to come in glory, to come in glory.**

*to come in glory The Eucharistic Prayer continues, then concludes with:*

**Doxology & Great Amen**

**Through him, with him, and in him, in the unity of the Holy Spirit,  
all glory and honor is yours, Almighty Father,  
forever and ever.**

**Amen Amen, Amen. Amen. Amen.....**

**COMMUNION RITE**

**The Lord's Prayer (spoken)**

**Lamb of God**

**Jesus, Lamb of God, you take away the sin of the world,  
have mercy on us.**

**Jesus, Lamb of God, you take away the sin of the world,  
have mercy on us.**

**Jesus, Lamb of God, you take away the sin of the world,  
grant us your peace.**

*Celebrant: Behold the Lamb of God who takes away the sins of the world.  
Happy are they to be called to this supper.*

**All: Lord, I am not worthy to receive you,  
but only say the word and I shall be healed**



## On Spiritual Communion by Mother Diane Smith

Spiritual Communion has been experienced by the people of God for centuries during times when coming together as community for Mass has not been possible. Together we are in such a difficult time right now. Our most loving acts to one another can occur by staying apart. Christ's loving presence can be known by each of us while we are absent one from another unable to physically receive Communion.

God loves us so much that He reaches out to us in Spiritual Communion. St. Teresa of Avila, mystic and doctor of the church, says, "When you do not receive Communion and you do not attend Mass, you can make a Spiritual Communion, which is a most beneficial practice; by it the love of God will be greatly impressed on you."

This prayer is commonly used by those seeking Spiritual Communion: "My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you

sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen." (St. Alphonsus de Liguori, 1696-1787)

**Communion Song: LOOK BEYOND**

**Refrain**

**Look beyond the Bread you eat.  
See your Savior and your Lord.  
Look beyond the cup you drink.  
See His love poured out as Blood.**

**1. Give us a sign that we might believe in You.  
Moses brought us manna from the sky.**

**2. "You My disciples, will you also leave?"  
"Lord to whom can we go?"**

**Refrain**

**CONCLUDING RITE**

**Communion Meditation: 10,000 REASONS (BLESS THE LORD)**

**Refrain**

**Bless the Lord O my soul  
O my soul  
Worship His Holy name  
Sing like never before  
O my soul  
I'll worship Your Holy name**

**(verses solo)**

**Prayer after Communion**

**Dismissal**

Closing Song: YOU ARE HEALING

**Refrain:**

**Jesus, you are the healing,  
you came to make us whole again  
Jesus you are the healing.  
Come show us how to live.**

**Jesus, you are the healing  
Jesus, you are the healing  
Jesus, you are the healing  
Come show us how to live.**

**Jesus the resurrection  
you raise us to eternal life  
Jesus, the resurrection  
Come show us how to live.**

**Jesus the resurrection  
Jesus the resurrection  
Jesus the resurrection  
Come show us how to live.  
Jesus the resurrection  
Come show us how to live.**

*God bless you all!*